



www.windmillpractice.nhs.uk

STOPTOBER

[Click Here to stop smoking!](#)

When you stop smoking, good things start to happen – you can begin to see almost immediate improvements to your health.

So this October, join the thousands of smokers committing to quitting. Stop smoking for 28 days and you're 5 times more likely to give up for good.



STOPTOBER

DOWNLOAD THE FREE NHS QUIT SMOKING APP THIS STOPTOBER



STUB IT!

Stub it! is a stop smoking service, that offers a 12-week program with trained stop smoking advisors. The team work with you to develop an individual plan to suit you and your patterns of smoking.

You can click the image on the right to go to the stub it! website



FRIENDS & FAMILY

Please click here to go to our Friends & Family questionnaire where you can leave your feedback

CLOSED FOR TRAINING FROM 12:30PM DATES :

17TH OCTOBER
28TH NOVEMBER
12TH DECEMBER

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OCTOBER 2023



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FLU VACCINATIONS

The Flu vaccination is safe and effective. It's offered every year through the NHS to help protect people at risk of getting seriously ill from flu.

You are eligible if you

- are 65 and over (including those who will be 65 by 31 March 2024)
- have certain health conditions
- are pregnant
- are in long-stay residential care
- receive a carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick
- live with someone who is more likely to get a severe infection due to a weakened immune system



COVID VACCINATIONS

You or your child may be offered a seasonal COVID-19 vaccine if you are:

- aged 65 years old or over (you need to be 65 years old by 31 March 2024)
- aged 6 months to 64 years old and are at increased risk
- living in a care home for older adults
- a frontline health or social care worker
- aged 16 to 64 years old and are a carer
- aged 12 to 64 years old and live with someone with a weakened immune system

You can ring 119 to book an appointment, use the NHS app or [click here](#) to book your vaccination online

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UNWANTED APPOINTMENTS

Please ensure if you cannot make your appointment that you let us know by either responding to your reminder text or ringing reception with enough notice so we can offer the appointment to someone else.

More than 15 million general practice appointments are being wasted each year because patients do not turn up and fail to warn surgeries that they will not be attending.

HELLOS & GOODBYES

This quarter we have employed 4 new receptionists, Melissa, Uzema, Andromeda and Maria.

We also welcomed Dr Olalude and Dr Lusuku-Craven

We said goodbye to Maz, Natalie and Fiona

SEPTEMBER ACTIVITY

EVERY DAY ON, AVERAGE WE :

RECEIVED 456 INCOMING CALLS
HAD 54 APPOINTMENTS - (50% FACE TO FACE)
REGISTERED 4 NEW PATIENTS
VISITED 1-2 PATIENTS AT HOME
ISSUED 185 MEDICATIONS
PROCESSED 60 RESULTS
MADE 10 HOSPITAL REFERRALS

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