



[www.windmillpractice.nhs.uk](http://www.windmillpractice.nhs.uk)

## SUN SAFETY TIPS

Make sure you:

- Spend time in the shade when the sun is strongest between 11am and 3pm
- never let your skin burn
- cover up with suitable clothing and sunglasses
- take extra care with children
- use at least factor 30 sunscreen

We have made some changes to our appointment booking system  
Check out our website for further information



Are you interested in sharing your opinions and ideas with the practice? We are launching a virtual Patient Participation Group which will meet online a few times a year to discuss practice issues and patient experience to help improve our service. If you are interested please email:  
[nnicb-nn.windmill@nhs.net](mailto:nnicb-nn.windmill@nhs.net)

**CLOSED FOR TRAINING DATES :**  
18TH JULY  
26TH SEPTEMBER  
28TH NOVEMBER

Find us on 

JULY 2023



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## HELLOS & GOODBYES

This year we have employed 3 new receptionists, Maz, Amal and Lucy.

This month we welcomed back Rebecca, Sally and Leigh from maternity leave

We said goodbye to Jo in June



## Alcohol Awareness Week

This year's Alcohol Awareness Week takes place from 3rd-9th July 2023 on the theme of 'Alcohol and cost'

Click here for a link to help with alcohol at Nottingham Recovery Network

## JUNE ACTIVITY

EVERY DAY ON, AVERAGE WE :

RECEIVED 135 INCOMING CALLS  
HAD 51 APPOINTMENTS - (50% FACE TO FACE)  
REGISTERED 9 NEW PATIENTS  
VISITED 1-2 PATIENTS AT HOME  
ISSUED 175 MEDICATIONS  
PROCESSED 56 RESULTS  
MADE 9 HOSPITAL REFERRALS



Find us on 

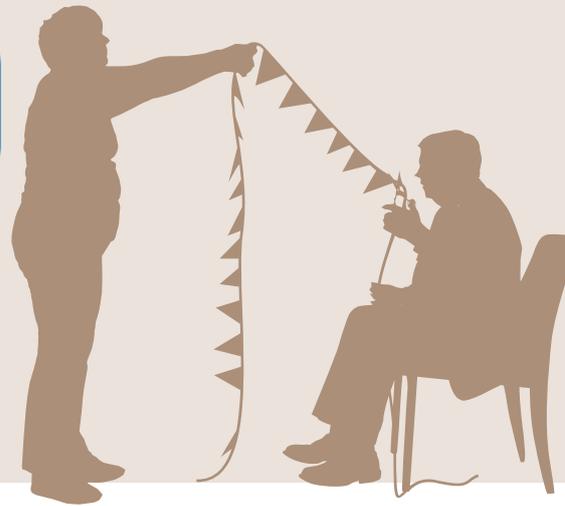
JULY 2023



# Do you look after someone with Dementia?

Important information is now available for YOU  
Introducing a programme of special support sessions for carers of people with dementia

*"This has helped me understand my dad more and look after him better"*  
Carer of father with dementia



All enquiries on: **0115 978 6133**  
Or email: **[info@radfordcaregroup.org.uk](mailto:info@radfordcaregroup.org.uk)**

Nottinghamshire Carers Association



**Carer-friendly  
Service 2023**

# HAPPY BIRTHDAY TO THE NHS

ON 5 JULY 2023, THE NHS WILL MARK 75 YEARS OF SERVICE. THERE WILL BE CELEBRATIONS OF THIS MILESTONE BY SHOWCASING THE BEST OF THE NHS AND ENCOURAGING AS MANY OF YOU AS POSSIBLE TO JOIN US WITH NHS 75 ACTIVITIES.

#NHSBIRTHDAY

